



# WELCOME TO FOUNDATIONS 1-3

OUR DESIRE IS FOR YOU TO BECOME A TRUE DISCIPLE OF THE LORD JESUS CHRIST

# OVERVIEW

- ▶ ALL FOUNDATIONS: SESSION 1
- ▶ ALL FOUNDATIONS: SESSION 2
- ▶ ALL FOUNDATIONS: SESSION 3
- ▶ SCRIPTURE REFERENCES
- ▶ DISCIPLESHIP
- ▶ NOTES

# ALL FOUNDATIONS CLASS: SESSION 1

Pray/Ask/Affirm/Thank God For

- ▶ REPENTANCE
- ▶ BELIEVE WITH THE HEART
- ▶ SALVATION IS A GIFT FROM GOD

# REPENTANCE

What is repentance?

Repentance means turning from going your own way to going God's way.

1. Confession of Sins - 1 John 1:8-10
2. Godly Sorrow/Sorry for Sins - 2 Corinthians 7:10
3. A desire to please God - Philippians 2:12-14
4. A sincere turning to God - Acts 3:19, 26:12-20
5. A desire to turn from sin - Luke 3:8-14

# BELIEVE WITH THE HEART

The word “heart” in scripture is talking about the center/core of who we are. When God speaks of man’s heart, He is speaking to the center of our being/spirit.

1. That there is a God - 1 Corinthians 8:6
2. In the Father, Son, and Holy Ghost - Ephesians 1:3-14
3. In salvation through the Son of God - John 3:16

# SALVATION IS A GIFT FROM GOD

Salvation is a **free** gift. It is not something we can buy or earn through good works. It is a gift we can never afford to repay. Though Salvation is free but cost our Savior Jesus Christ his life. Jesus became the final sacrifice for our sins. He paid for our salvation with His blood.

1. The fear of the Lord - Proverbs 1:7, 8:13; Matthew 10:28
2. The knowledge of God - Romans 1:19-20; Colossians 2:2-3
3. Being filled with the Spirit - John 7:37-39, 14:15-17; Acts 2:1-3, 14-21
4. Living by the Spirit - 2 Corinthians 3:17-18; Ephesians 5:18-20; Galatians 5:25

# SESSION 1: SCRIPTURE REFERENCES

## **John 3:3-8**

3 Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again." 4 "How can someone be born when they are old?" Nicodemus asked. "Surely they cannot enter a second time into their mother's womb to be born!" 5 Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. 6 Flesh gives birth to flesh, but the Spirit gives birth to spirit. 7 You should not be surprised at my saying, 'You must be born again.' 8 The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit."

## **John 3:16**

16 For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. 17 For God did not send his Son into the world to condemn the world, but to save the world through him. 18 Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son.

## **Romans 10:9-10**

9 If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. 10 For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

## **Ephesians 2:8-10**

8 God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. 9 Salvation is not a reward for the good things we have done, so none of us can boast about it. 10 For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

# ALL FOUNDATIONS CLASS: SESSION 2

Pray/Ask/Affirm/Thank God For

- ▶ FAITH
- ▶ THE IMAGE OF CHRIST AND THE HOLY SPIRIT



# FAITH

What is faith?

Faith is the belief that the impossible is possible, whether it makes sense or not. It is believing with our heart that God is the provider of all things. It is deciding to believe in God and His Word in order to come to the place of understanding and knowing who He is.

1. Ear for God's word – Mark 4:23-24; Luke 11:28; Romans 10:17
2. Knowing God's voice – Jeremiah 33:3; John 10:27-28;  
Revelation 3:20
3. Hearing God's word – Luke 8:18; John 8:47; Hebrews 4:12
4. Receiving & Believing God's word – Proverbs 2:1-5; Matthew 4:4; I John 5:14
5. Doing God's word – Matthew 7:21; James 1:22; I John 2:16-17

# THE IMAGE OF CHRIST AND THE HOLY SPIRIT

God's mandate to us is to LOVE, as followers of Jesus Christ. So, being made in Christ's image we must always lean towards loving Christ and loving others. We are called to be more like Christ for the glory of God and for the expansion of His Kingdom. In order for us to live as Christ lived here on the earth, we must fulfill our God-given purpose through Him.

## **1. Loving Heart**

- a. Heart that loves God – Matthew 22:37-39; Romans 8:28;  
Galatians 2:20
- b. Heart that loves Self – Psalm 139:13-14; Proverbs 19:8
- c. Heart that loves others – John 13:34-35; Romans 13:8

# THE IMAGE OF CHRIST AND THE HOLY SPIRIT - CONTINUED

## 2. Loving Soul

- a. Soul that loves God – John 14:21; I Corinthians 8:3; I John 5:3,
- b. Soul that loves Self – Proverbs 3:3-4; 1 Peter 2:9
- c. Soul that loves others – Colossians 3:14; Romans 10:12

## 3. Loving Mind

- a. Mind that loves God – Romans 12:1-2; I John 5:2-3
- b. Mind that loves Self – Mark 12:31; Romans 12:3
- c. Mind that loves others - Ephesians 4:2; 1 Peter 4:8-9

# THE IMAGE OF CHRIST AND THE HOLY SPIRIT - CONTINUED

## **4. God's Will**

- a. His will be your will – Proverbs 3:5-6; Matthew 6:10; Luke 9:23
- b. Love His will - Psalm 37:4; Micah 6:8
- c. Desire His will – Psalm 143:10; John 7:17
- d. Seek His will – I Chronicles 16:11; Matthew 6:33
- e. Align/agree with His will – John 6:40; Ephesians 5:17

## **5. To know Him**

- a. God the Father – John 14:9-11; I Corinthians 8:6; I Peter 1:3
- b. God the Son – John 3:16, 17:1-3, 14:6
- c. God the Holy Ghost – John 14:26, 16:13; Romans 5:5

# SESSION 2: SCRIPTURE REFERENCES

## **John 14:26**

26 But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

## **Hebrews 11:6**

6 But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

## **Philippians 2:22**

22 But you know that Timothy has proved himself, because as a son with his father he has served with me in the work of the gospel.

## **Colossians 1:15**

15 The Son is the image of the invisible God, the firstborn over all creation.

# ALL FOUNDATIONS CLASS: SESSION 3

Pray/Ask/Affirm/Thank God For

- ▶ RIGHTEOUSNESS
- ▶ PEACE
- ▶ JOY
- ▶ FRUIT OF THE SPIRIT

# RIGHTEOUSNESS

What is Righteousness?

Righteousness is the perfect holiness of Christ, but it does not mean we are perfect; it is the opposite of sin. When we sin, we turn our backs on God plan for our lives. Righteousness is the only way we can live an acceptable life before God. It is a lifestyle.

1. Righteous life – Psalm 34:19; Proverbs 21:3; Romans 1:17
2. Righteous tongue and lips – Psalm 37:30; Proverbs 10:3; Matthew 4:4; Luke 6:45
3. Righteousness of Christ – I Corinthians 1:30; I John 2:29
4. Clothed in Righteousness – Psalm 132:9; Ephesians 6:14; Romans 13:14
5. Love of Righteousness – Matthew 5:6; Philippians 1:10-11; 2 Timothy 2:22
6. Paths of Righteousness – Proverbs 3:5-6; Matthew 6:33; Acts 2:28

# PEACE AND JOY

1. Peace of God – Colossians 3:15; Philippians 4:7
2. Perfect Peace – Isaiah 26:3
3. Bond of Peace – Ephesians 4:1-3
4. Great Peace – Psalm 119:165; Isaiah 54:13
5. Seek Peace – Matthew 5:9; Romans 12:17-19
6. Thoughts of peace – Jeremiah 29:11; II Corinthians 13:11

1. Joy of the Lord – Nehemiah 8:10; I Thessalonians 2:20
2. Joy of Salvation – Psalm 21:1, 35:9, 51:12
3. Oil of Joy – Psalm 45:7; Isaiah 61:1-3; Hebrews 1:19
4. Fullness of Joy – Psalm 16:11; John 17:13



# FRUIT OF THE SPIRIT

Pray that you will be productive, fruitful, increase and be filled by the spirit for each one:

(Galatians 5:16—25)

1. Love
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Faithfulness
8. Gentleness
9. Self-Control

# SESSION 3: SCRIPTURE REFERENCES

## **Romans 14:17**

17 For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit.

## **Galatians 5:22**

22 But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23 gentleness and self-control. Against such things there is no law.

## **Romans 15:13**

13 May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

# DISCIPLESHIP PROCESS

- ▶ Know God through weekly worship and teaching. (John 33:8)
- ▶ Find community through small groups/ministry groups. (Galatians 4:19)
- ▶ Serve the church, community and world. (I John 2:14)
- ▶ Make other disciples by sharing your faith and walking others through the process. (I Corinthians 4:15; II Timothy 2:25)



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